



METRO INTERNATIONAL

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Metro NewsMemo

TO: Institutional and Individual Members of Metro International

FM: Metro International Staff

DT: November 30, 2006

Don't Miss the Next Network Meeting!

Tuesday, December 12

9:00 - 11:00 AM

The New School University
Graduate Faculty of Political & Social Sciences Building
65 Fifth Avenue (between 13th & 14th Streets)
Wolff Conference Room (2nd Floor)

TOPIC: Self-Care for International Educators:
How do we stay enthusiastic and motivated in International Education?

Co-Chairs: Jane Bush, Director, International Affairs, Pratt Institute
Jessica S. Miller, LCSW, Office of Health and Counseling, Pratt Institute

This workshop will focus on your professional role and stress. Come away from the workshop with ideas of how to decrease your stress level at work and home, a better perspective of where your stress may be coming from, how to anticipate and prevent stress, and how to take better care of yourself overall.

Breakfast generously donated by



English Programs

Metro's Membership Directory 2007

We are currently updating the Metro International Network 2007 Membership Directory, sponsored by Educational Housing Services. We appreciate your assistance in our efforts to compile up-to-date, accurate information on your institutions' listings. Please watch your mailbox for your personal copy in late December!

Metro Member Survey

It's time for Metro to hear from you! We invite you to participate in a survey designed for Network members to share how Metro can better serve you and your students. We want to hear how things are going on your campuses, how your students are faring, and how we can reach out to more international students around the city. We'd also like to share with you some new initiatives as Metro gears up for its 30th anniversary! We appreciate your time in providing us with your perspectives and insights. A written version of the survey will be provided at the next monthly Network meeting, and an email version will be sent next week.

December Programs for International Students

Do your students know about this upcoming program? Spread the word!

Metro's Volunteer Program: Help Out Hungry New Yorkers – Sat., Dec. 9

For more information please check our website at www.metrointl.org or contact Alison Keohane at akeohane@metrointl.org or (212) 431-1195 x24.

Holiday Break

Are your students looking for things to do over the holiday break? Encourage them to stay in touch with Metro International by checking our weekly enewsletter to learn about MetroMeals and our Student Social Nights and other happenings around town. Your students don't receive our free enewsletter? Tell them to sign up on our website at www.metrointl.org!

Metro Delegates Attend 2006 West Point Conference

Was your school represented at the 2006 Student Conference on United States Affairs (SCUSA) at West Point? Take a look at this year's Metro International delegation—they did an outstanding job of representing their countries, your institutions, and Metro at this intensive four-day conference on international affairs!

Boston University

Gerardo Sanchez, Spain

College of Staten Island

Anastasiya Kartelvas, Uzbekistan
Yuen Ho Donald Wu, Hong Kong
Lee Man Wai, Hong Kong

Columbia University

Chammas Mona, Belgium
Emmanuelle Petitdemange, France
Ignacio Montero, Chile
Jessica Evans, Australia
Nikoloos Tsiopinis, Greece
Yariv Nornberg, Israel/Switzerland

Emerson College

Macarena Munoz, Spain

Fordham University

Eloy A. Fisher, Panama
Kevin Chua, Philippines

Manhattan School of Music

Joachim Junghanss, Germany

Mountbatten Internship Programme

Donal Kerr, Ireland
Sophie Fernande, Great Britain

New Jersey City University

Eman Gawish, Egypt

The New School

Haider H. AbdulRazak, Iraq
Kathrine Aspaas, Norway
Marta Bedkowska, Poland

New York Institute of Technology

Rehan Zarak, Pakistan

New York University

Emmanuel Monnet, France
Wojciech Wilczewski, Poland

Pace University

Hardik Gohil, India
Jiranbessa T. Sereke, Eritrea
Kemilembe Kafanabo, Tanzania

Pratt Institute

Ege Yildirim, Turkey

Rhode Island School of Design

Jacek Mrowczyk, Poland

Rutgers University

Idrissa Mamane Rabiou, Niger

Seton Hall

Caroline Demarque, Belgium
Melanie Zorn, Germany

Stony Brook University

Alpha Furbell Lisimba, Australia
Sean Anthony Jesudason, Sri Lanka
Shuai Shao, China

University of Massachusetts, Amherst

Amelie Werther, Germany

Xincon Language Center

Carmen Palacios Matos, Peru

York University

June Liu, Canada

Metro's *NewsMemo* is sponsored by:



www.wes.org

World Education Services provides credential evaluations, workshops and publications that assist institutions in making prompt, well-informed admissions and placement decisions regarding students who hold international credentials.

Preparing for the Spring Semester - New International Student Orientations

As you get ready to welcome a new group of international students, don't forget Metro! At the request of institutional members, Metro staff will visit your campus and conduct a lively interactive orientation session (30 minutes to 1 hour in length) on how to take advantage of Metro's many programs and services. To schedule a session, please contact Ali Garfinkle, at (212) 431-1195 (x23) or agarfinkle@metroitl.org. Please remember to give us as much advance notice as possible.

Now is also the perfect time to stock-up on Metro's ever-popular publications for international students and take advantage of! ***Help Yourself to Housing*** will be invaluable to students searching for a place to stay, and ***The International Students' Guide to Living in New York City*** is packed with essential information on how to get settled in New York City. Take advantage of our special **30th Anniversary discounts!** For more information on Metro's publications, contact Ali Garfinkle at agarfinkle@metroitl.org or (212) 431-1195 x24.

Observe Human Rights Day with a Special United Nations Briefing

Thursday, December 7 will be the final NGO (Non Governmental Organization) briefing at the United Nations, held in observance of Human Rights Day. Speakers lined up so far include: Mr. Steve Crawshaw, United Nations Advocacy Director, Human Rights Watch, and Mr. Jimmie Briggs, journalist and author of "Innocents Lost: When Child Soldiers Go to War". The briefing will be from 10:00 a.m. to 1:00 p.m. in Conference Room 2 at the United Nations. If you are interested in attending, please e-mail Ellie Spiegel (hanselle@gmail.com) or phone her at (201) 947-9231 by Monday, December 4. She will need names by then to submit to United Nations security.

The Practice of Peace: A Program for Peacemakers and Open Space Technology

Taking place during January 14-17, 2007 in New York City, this workshop provides an opportunity to deepen your Practice of Peace and to learn about facilitating Open Space Technology. You are welcome for all four days or only one day on 17 January 2007. Hosts will be Harrison Owen, originator of Open Space Technology, with Karen Davis and Ralph Copleman. For more information contact Karen Davis at kdavis@concentric.net or (212) 595-9107.

Enrichment Program Report – November

Metrowalks: Arab American Walking Tour ~ Saturday, November 4

Columbia University (3)
The Graduate Center/CUNY
Hunter College (3)

Hunter College, ELI (2)
Mountbatten Internship Programme
New York University (2)

Rockefeller University
Rutgers University
School of Visual Arts

LGBTQ Social Night ~ Monday, November 13

Bard College
Barnard College

New York University (3)

The New School

Global Classroom Condensed Workshop ~ Friday, November 17

Baruch College
Columbia University (2)
Fordham University

New York University (5)
Queens College
Rutgers University

Stony Brook University
Xincon English Institute

Thanksgiving Day in Fairfield County, Connecticut ~ Thursday, November 23

Borough of Manhattan
Community College

Clark University
College of Saint Elizabeth
Columbia University (7)
Hunter College (3)

Hunter College ELI (2)
Mountbatten Internship Programme (4)
Nassau Community College (2)
The New School
New Jersey Institute of Technology (2)
New York University (12)

Pace University
Rutgers University (2)
Savannah College of Art and Design
School of Visual Arts
Teachers College, Columbia University
Xincon English Institution

Thanksgiving Weekend in Lancaster County, Pennsylvania ~ November 23-26

Bard College
Baruch College
Brooklyn College
College of St. Elizabeth (2)
Columbia University (3)
College of Staten Island (6)
Fashion Institute of Technology

Fordham University
Hunter College (10)
Hunter College, ELI (2)
International Center
Montclair State University
Mountbatten Internship Programme
The New School

New York Language Center (2)
New York Institute of Technology
New York University (8)
Pace University (2)
Rockefeller University (2)
St. John's University
Stony Brook University

Fulbright Dinner Diplomats ~ November

Columbia University (3)
Metropolitan Museum of Art

New York University

Seton Hall University

Don't Forget these Dates!

Saturday, December 9

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Tuesday, December 12

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ABOUT METRO INTERNATIONAL

Metro International creates global learning opportunities for students, educators, and the community, in New York City and beyond. Metro was founded in 1977 by a group of foreign student advisers who realized the importance of providing international students with a bridge between their isolated campus environments and the broader New York community. Out of their early efforts grew a series of orientation programs and publications designed to help international students cope with the unique demands of living and studying in New York City. While Metro's programs continue to familiarize visiting students with New York's complex cultural, political, and ethnic structures, Metro also engages international students in educating Americans about global issues and cultural diversity.

